Traumatic Brain Injury Support Group

Monthly - Every 2nd and 4th Monday

3:30 - 5pm RSVP: (530) 242-8550

Disability Action Center

2876 Park Marina Drive, Redding

Recovering from a Traumatic Brain Injury (TBI) can be a long journey. Even when one seems fully recovered to others, they may in fact still be dealing with the ongoing consequences of their injury. Join us for **support**, **encouragement**, and **understanding**, or even to learn how to support someone with a TBI as they **acclimate** to their new normal.