

# GENERAL SUPPORT GROUP



**All ages and disabilities  
welcome**

**including caregivers.**

**Discussion topics:**

- ✚ Socializing for the Disabled.
- ✚ Living with a Disability.
- ✚ Your Disability Rights.
- ✚ **Open Discussion is encouraged.**

**Sign up via**

**<https://actionctr.org>**

**Or call Ciara (530) 242-8550**

**1st and 3rd Tuesday of every month 2pm-3pm**  
2453 Athens Ave Redding, CA 96001