





## **WELCOME TO DAC V.E.S.T.**

## Power to Choose. Power to Act. Power for Change.

Transition years can pose challenges for young adults with disabilities not faced by all youth. Envisioning the future can feel hopeless or overwhelming to them. Parents/caregivers often do not know where to turn for information and support. Our program is designed for youths with a disability between age 14-30 years.

We offer comprehensive, individualized goal setting and planning to support both the youth and their family through the often-challenging transition time. Join us to learn more:

PARENT V.E.S.T. PROGRAM OPEN HOUSE
April 19, 2023 ● 4:00 TO 6:00 PM
DISABILITY ACTION CENTER REDDING
2453 ATHENS AVENUE
(530)242-8550

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V: Vocational E: Educational S: Social T: Training